



# Claire Carver-Dias

Claire Carver-Dias is a communications and business consultant with over ten years of experience providing communications strategy advice, communications assessments, writing and editing services, and communications project management for corporate clients.

Throughout her career as a member of the medal-winning Canadian Olympic Synchro Team, Claire honed her communications skills: publishing articles, writing for newsletters and other publications, developing a reputation as a top-quality speaker and presentation skills trainer.

While working with the Canadian Olympic Committee (COC), Synchro Canada, and Bobsleigh Canada Skeleton (BCS), Claire was responsible for writing athlete manuals, web content, media guides, profiles, and press releases. With the COC, she wrote the content for the nationally-distributed newsletters, Podium and Olympians Canada, and while with BCS she developed their nationally-distributed newsletter, Slider.

In 2005 Claire was selected as writer of Synchro Canada's Long-term Athlete Development manual, a multi-faceted year-long project that required community involvement and buy-in.

Over the years, Claire has written and published newspaper articles, excerpts for business textbooks, short stories, and extensive web-copy. She continues to write, edit and manage an assortment of writing and editing projects, including developing corporate annual reports, newsletters, event guides and website copy for clients, including RBC, Granite Club, and the Coaches Association of Ontario.

Claire has a B.A. in English, with distinction, from the University of Toronto and a M.A. in English from McGill University. She is currently working on her PhD in English, with a specialization in Critical Writing.